



NAYAR RITUALS

As a haven amid the mountains, lulled by the ocean breeze blowing through the trees and framed by the deep blue that merges the sky with the sea, that is Makawé Spa.

Welcome to Makawé Spa "Owner of the stars and water" in the Huichol language. A culture that enriches a varied menu of treatments using natural elements, honoring the ancient knowledge of herbal healing.

Makawé is clear water nourishing the body that shines with renewed brightness.

EXOTIC RITUALS

"Haramara"

110 min / \$1850.00

In honor of Mother Goddess of the Sea

Renew your body and mind. This journey begins with an Aromatic Bath to awaken your senses, followed by an Exfoliation that prepares your body to be cocooned with a warm White and Black Pearl Body Mask rich in minerals and amino acids. Follow with a Facial mask with anti-fatigue effect and Collagen-rich, leaving the skin hydrated and youthful. The final touch is an application of an emollient body cream through the expert hands of your personal therapist.

"Huaxe"

80 min / \$1650.00

Symbol of life

The Huichol or Wixarica is one of the few who have remained pure in their roots. An example of this occurs in his Traditional Sobadas (Massage) where use magic moves through the gourds to activate the vital energy that is the *Kipuri*. Beginning with a cleansing of your aura with Iztac Teteo (Copal) to be taken to a sacred dimension in which is expressed the lyari (Heart) enhancing inner and outer beauty through relaxation.

"Chucua"

80 min / \$1650.00

In honor of the "City of Gods" Teotihuacán

Warm Wrap with Cocoa essence, caring the silhouette, caresses the skin and awakens the senses. Be guided in a sea of sensations. Exfoliation and Body Mask are enjoyed. Finishing with a Relaxing Massage using moisturizer lotion, you would like to stop the time.

"Iztli"

80 min / \$1320.00

The power of the earth in the body.

Hot stones are placed on energy centers of the body by helping to relax the muscles reducing pain or discomfort, boosting a healing process. Heat applied to the Massage with Hot Stones, help in the treatment of muscular pains, rheumatic and arthritic conditions, multiple sclerosis, fibromyalgia, back pain and insomnia. Also helps to improve circulation and can help reduce stress, anxiety, tension and depression.

ANCIENT CEREMONIES

Makawé Therapy

80 min / \$1850.00

Revive

A truly unique journey, made in perfect coordination, where you will discover the power of the Sense of Touch. Pressures made at specific points and swaying movements made with skill and heart. by applying oils prepared at home.

Mololoa Facial

80 min / \$1650.00

(Beauty Ritual of a Huichol Princess)

This Facial offers a new hydration. Shelter from dehydration and from the excesses of climatic changes, fights the signs of premature aging. Leaves a healthy and youthful appearance.

Mecére

80 min / \$1320.00

In honor of the Moon

Soak in a Milk Bath for an enriching experience. Vanilla Aromatic oils are combined to promote relaxation, enhance mood and counteract the melancholy. Complete with full Body Massage applying a moisturizer with gentle movements favoring its calming effects.

Tahanie Therapy

80 min / \$1650.00

The beginning

Succumb into a sea of sensations, a Herbal Warm Bath, a Facial and Massage with a lift effect , Foot Reflexology and a Relief Tired Foot Wrap will be leaving you feeling years younger.

PATHS OF WELLNESS

El Descanso

80 min / \$1320.00

Welcome to Teiwari (Traveler)

Bath with fragrant aromas and essential oils improving circulation, gives clarity to the mind and emotions. Eliminate the toxins from the body. Regain vitality with an invigorating Massage with a moisturizer cream, ready to enjoy your stay, leaving your stress behind.

Hikuri Therapy

80 min / \$1320.00

This Rejuvenating Therapy is developed with a combination of various indigenous flora and local techniques. Hikuri was named by the local Huichol Indians is the main ingredient prepared at home that is used in the therapy and is well-known for its many healing properties.

Teví Facial

80 min / \$1320.00

Specific for Male Skin.

Revitalizes and detoxifies the skin. It has a calming and refreshing to signs of aging. For skins suffering attacks from daily shaving, dehydration and skin fatigue

Hakute Therapy

80 min / \$1650.00

Be seduced with aromas of aloe and rosemary, the oil is applied to warm temperature during the massage. Assisting in the elimination of stress and improving blood circulation. Exotic persuasion that seduces the skin and senses. Bamboo Mud with its main component the silicon stimulates collagen synthesis by bone tissue, facilitating the reconstruction of cartilage damaged by osteoarthritis. Also has remineralizing effects that protect against osteoporosis.

SPA ESSENTIALS

Swedish Massage 50 min / \$990.00

The traditional European technique that relieves muscular tension and improves circulation.

Aromatherapy Massage 50 min / \$990.00

Special aromatic oils are applied with gentle soothing strokes. Designed to relieve, restore and relax.

Sports Massage 50 min / \$990.00

A therapeutic massage which focuses on techniques of stretching, pressure points, rebalancing and muscle release.

Reflexology 50 min / \$990.00

Recuperative foot massage that relaxes and rejuvenates the entire body. Providing an internal balance

Foot & Hand Care

Classic Pedicure	\$ 380.00
French Pedicure	\$ 440.00
Men's Pedicure	\$ 300.00
Makawé Pedicure	\$ 490.00
Classic Manicure	\$ 280.00
French Manicure	\$ 330.00
Men's Manicure	\$ 260.00
Acrylic	\$ 550.00
Refill	\$ 440.00
Gel Color	\$ 250.00
Classic Manicure & Pedicure	\$ 550.00
French Manicure & Pedicure	\$ 660.00
Hand or Feet Moisturizing Treatment	\$ 330.00
Tired Foot Treatment	\$ 330.00
Callus Remover Treatment	\$ 330.00

Depilatory Waxing

Full Leg	\$	550.00
Half Leg	\$	385.00
Bikini	\$	330.00
Full Arm	\$	330.00
Half Arm	\$	220.00
Underarm	\$	220.00
Eye Brow	\$	132.00
Back	\$	440.00

Treat yourself to a relaxing massage or other spa treatment in the privacy of your villa. (Extra fee applies).

Prices are in Mexican pesos and includes Mexican Sales Tax and 10% of service charge will be added at point of sale for your convenience. Prices subject to change without notice. Cancellation policies: 2 hours for individual appointments and 24 hours for groups. Otherwise, 50% of the service will be charged accordingly.

For Bookings & Information, please dial (322) 1157729
The Spa is open 9.00 am to 8.00 pm daily.

SPA ETIQUETTE

Attire & Nudity

A Bathrobe and sandals will be provide for your comfort. You will be properly draped. Feel free to disrobe to your comfort level; the most important for us is that you enjoy your Spa Service. In the Sensations Pool area, the bathing suit is recommended but in the Steam Room is optional.

Cell Phones

Leave phones and pagers at home or in your room; or turn them off before entering the spa.

Children

A spa is a great place to get a little alone time, so it is best to not to bring children under the age of 16 unless prior arrangements have been made.

Conversation

Throughout the spa, locker room area, relaxation room and elsewhere, all conversations should be kept at a low volume.

Eating and Drinking

Drink plenty of water prior to and after all treatments. Avoid the consumption of alcohol on the day of a treatment. Food should be consumed at least an hour before a treatment

Environmentally Friendly

Being an ecofriendly Resort and Spa. We suggest to use only the number of towels necessary: washing them uses water and electrical, which are limited resources in some communities.

Gender of Therapists

Therapists rotate and balance. If you prefer either a male or a female therapist, you need to express this at the time you book the service.

Medical Conditions or Allergies

Please arrive 20 min. Before your service, a Health Survey Form should be fill out so you may select the right service for you. Some services may have contraindications for who should receive them. Also, tell the therapist if you are wearing contact lenses before you have a facial.

Punctuality

Arrive at least 15-30 minutes early so you can enjoy an unhurried transition and shower if necessary.. If you are late, your treatment time will be shortened. Should you require additional relaxation time, we invite to enjoy our relaxation areas.

Smoking

The Spa is non-smoking area.

Shaving

Men should shave their face at least 4 hours before a facial. Woman should shave any body parts at least the day before.

Using Shared Facilities

Always shower before entering the Sensations Pool and Steam room. When enjoying the Steam Room, always sit on your towel and wear the plastic shoes provided by the spa.

Valuables

Should be left at home or in the box resort safe. Most spa treatments will require the removal of jewelry.