



FUNCTIONAL MEDICINE OF LONGEVITY & AESTHETICS

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A member of the Zafir Medical Center team of plastic surgeons who are members of the Mexican Council of Plastic, Aesthetic and Reconstructive Surgery.

- Medical Surgeon graduated from the Universidad Panamericana.
- Fellow in Clinical Nutrition by the Mexican College of Clinical Nutrition and Bariatrics; Aesthetic Medicine by the UIME; Master in Longevity Medicine from the University of Barcelona; Anti-Aging, Functional and Metabolic Medicine by the A4M (American Academy of Anti-Aging Medicine).
- In the process of Certification by the IFM (Institute of Functional Medicine).
- Coach in Food Psychology, Meditation and Naam Yoga.
- Certified in Quantum Medicine and Harmonyum Healing.